



4/10 SCHEDULE

BLUESHIFTS Police Calendar app

ROTATION

SHIFT LENGTH

10 hours

CYCLE

7 days or multi-week

AVERAGE WEEK

40 hours

DAYS OFF

3 per week

THE CYCLE

7 days, then it repeats

 1	 2	 3	 4	5	6	7
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 Day shift ☐ Day off

FILL IN YOUR OWN DATES

start on any day of the cycle and carry on from there

SUN	MON	TUE	WED	THU	FRI	SAT



BLUESHIFTS Police Calendar app

www.policecalendarapp.com

Set it once. The calendar fills itself in.



iPhone



Android