



4 ON 2 OFF SCHEDULE

BLUESHIFTS Police Calendar app **ROTATION**

SHIFT LENGTH

8 hours

CYCLE

6 or 12 days

AVERAGE WEEK

37.3 hours

SQUADS

3

THE CYCLE 12 days, then it repeats



☒ Day shift ☒ Night shift ☐ Day off

FILL IN YOUR OWN DATES start on any day of the cycle and carry on from there

SUN	MON	TUE	WED	THU	FRI	SAT



BLUESHIFTS Police Calendar app

www.policecalendarapp.com

Set it once. The calendar fills itself in.



iPhone



Android