4 ON 4 OFF SCHEDULE

BLUESHIFTS Police Calendar app ROTATION

SHIFT LENGTH	CYCLE	AVERAGE WEEK	TEAMS
12 hours	**8 or 16 days**	**42 hours**	**4**

THE CYCLE

16 days, then it repeats

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

Day shift Night shift Day off

FILL IN YOUR OWN DATES

start on any day of the cycle and carry on from there

SUN	MON	TUE	WED	THU	FRI	SAT

BLUESHIFTS Police Calendar app
www.policecalendarapp.com
Set it once. The calendar fills itself in.

iPhone Android