



5 ON 2 OFF SCHEDULE

BLUESHIFTS Police Calendar app

ROTATION

SHIFT LENGTH

8 hours

CYCLE

7 days

AVERAGE WEEK

40 hours

ROTATION

None

THE CYCLE 7 days, then it repeats



 Day shift

☐ Day off

FILL IN YOUR OWN DATES start on any day of the cycle and carry on from there

SUN	MON	TUE	WED	THU	FRI	SAT



BLUESHIFTS Police Calendar app

www.policecalendarapp.com

Set it once. The calendar fills itself in.



iPhone



Android